

1. Recommended hygiene measures in the school area

In order to ensure that classes are as safe as possible, we particularly recommend compliance with the following hygiene measures:

Basic hygiene measures

- **Airing:** Classrooms and teaching rooms should continue to be aired for several minutes at least every 45 minutes, ideally every 20 minutes, through fully open windows. (Decentralized) ventilation systems or supporting mobile air purifiers can continue to be used. However, these do not replace regular airing.
- **Washing hands:** Regular hand washing with soap for at least 20 seconds reduces the risk of infection for yourself and others.
- **Coughing and sneezing etiquette:** Coughing or sneezing into the crook of your arm or into a handkerchief should continue to be a matter of course.
- **Keep your distance:** Wherever possible, a minimum distance of 1.5 meters should be maintained in the school building.
- **We recommend wearing a mask, especially in the school's meeting areas** (e.g. corridors, stairwells, break hall). Of course, masks may also be worn voluntarily in class.
- In public transport the mask obligation continues to apply according to the respective regulations. Wearing a mask is recommended **in the school buses** as an important element of infection control.

Dealing with symptoms of illness

- **As a general rule, anyone who is ill stays at home - regardless of whether COVID-19 is suspected or not.**
- **If the fever persists after three days, the general condition is significantly worse and the condition worsens, a doctor should be consulted.**
- If you have mild symptoms, such as a runny nose or a sore throat, we recommend that you **do a self-test at home before you go to school**. Alternatively, an **antigen quick test at the family doctor or in the test center can provide information** about a possible infection. There are no tests at school.
- In addition, if you have mild cold symptoms, wearing a mask can prevent the SARS-CoV-2 virus from being passed on.

2. Handling of confirmed cases of infection

If people who have tested positive for a SARS-CoV-2 infection (nucleic acid/PCR test or rapid antigen test by trained personnel; no self-test) decide against the recommendation to stay at home, they are obliged to wear at least a medical face mask outside their home.

The details of the new regulations, which apply to all public areas in Bavaria, can be found in the new *General Decree of the Ministry of Health on Protective Measures for People who have tested positive for the coronavirus SARS-CoV-2 (AV Corona protective measures)*, which can be found under

<https://www.verkuendung-bayern.de/baymbf/2022-631/>

We also ask that the school be informed of a positive test.